



## A Simple Structure to Composing Prayer

Before you begin, invite the Holy Spirit: come, Holy Spirit, come.

### **You:**

Address God in your personal name of endearment for Him or the name that comes to mind for this specific prayer intention. For example, if you are asking for healing you might want to start with, “Heavenly Father, You are the Divine Physician,”

### **Who:**

Next add into the prayer who God is for us, what does He do? An example is, “who heals the leper, gives sight to the blind and raises the dead.”

### **Do:**

We ask God to do something – ask our intention. For example, “Please heal our friend from cancer.

### **Through:**

We pray to God in and through Christ, so our prayer concludes with a simple “In Jesus’ name, Amen.” or “Through Christ our Lord, Amen.” or “In the name of Jesus your Son, Amen.”